Shelf rotation planner

Use what you already own to plan a shelf, basket or activity space. Make one small choice, notice what happens, and keep what works for your home.

A practical planning pack for parents and caregivers.

01 List what is already there

On page 2, note a few activities or materials and where they are stored. Give each one a short ID so you can refer to it on the other sheets.

02 Plan one space

On page 3, choose what to keep available, try from your inventory or rest in storage. Use only as many rows as you need. There is no set number of items.

03 Notice one moment

On page 4, record something you saw or heard, any support you offered, and one small next choice. A brief note is enough.

04 Revisit when useful

You can leave the space as it is. Change it when your notes, available space or household routine give you a reason, not because a timetable says to.

One example across the sheets

An illustration of the planning process, not an activity recommendation.

Inventory · page 2	ID A: cloth folding. Four familiar cloths, stored in the hall basket. All intact and ready.
Space plan · page 3	Try A on the low shelf. Put two cloths in the basket; leave the other two in storage.
Observation · page 4	After snack, folded one cloth, unfolded it and repeated. I showed one fold when asked.
Next choice · page 4	Keep the same two cloths available. Review if the setup stops working for us.

Before you begin

Choose only intact materials already suitable for the person using them. Follow product instructions and supervise as needed. This pack is a household planning tool, not a child assessment.

Print the matching A4 or US Letter file at actual size. Reprint pages 2 to 4 whenever useful. These are handwriting sheets, not fillable PDF fields.

What we already have

Start with a few materials you own. Use a short ID such as A, B or C to connect this list to the plan and notes.

Space or collection

Date if useful

ID	Activity or materials	Stored now	Ready or needs attention

Before offering an item

Check that it is intact, suitable for its user and ready to use. Keep items needing attention out of the plan until resolved.

What can we use without buying anything

Note a familiar item to bring back, an easier setup or a storage change.

Plan one shelf or space

Include only the places you use. Write an inventory ID or item name, then circle one choice for each row.

Shelf or space

Date if useful

Keep
Leave available.

Try
Offer from your inventory.

Rest
Put away for now.

Place or area	ID or activity	Choice	Setup or resting spot
		Keep Try Rest	
		Keep Try Rest	
		Keep Try Rest	
		Keep Try Rest	
		Keep Try Rest	

Optional review

No fixed schedule needed. Choose a date, a useful moment or a reason to look again.

I will look again when

What I want to notice

Keeping the current setup is a valid choice. An unused row does not need an item.

Notice and choose

Record concrete actions or words, not a score. Use a note only when it helps you make a small, practical choice.

Note 1

Activity ID or name

When and context

What I saw or heard

For example: returned to the basket twice; asked for help opening the lid.

What I offered or changed

Include help, a demonstration or a change to the space, if any.

One small next choice

Keep it as it is, change one part, try an owned item or rest it.

Note 2

Activity ID or name

When and context

What I saw or heard

For example: returned to the basket twice; asked for help opening the lid.

What I offered or changed

Include help, a demonstration or a change to the space, if any.

One small next choice

Keep it as it is, change one part, try an owned item or rest it.

A single moment is just a note. You do not need to draw a conclusion about the person.